



## CONTINUING EDUCATION SESSION

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SESSION	CE HOURS	DATE/TIME
CE10	1.0	Friday, November 4th 4:45-5:45 PM
TITLE		
<i>More Pleasure, More Joy: Evolving toward Greater Sexual Health &amp; Reproductive Freedom</i>		
AUTHORS		
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<b>AASECT - Core Knowledge Areas and Training:</b>		C; H; P
<b>APA - Curriculum Content Criteria:</b>		1.2
<b>NCHEC - Areas of Responsibility:</b>		1.1.2; 1.2.1; 1.3.3; 5.1.1; 5.1.2; 6.6.2; 8.1.4
ABSTRACT		
<p>The policies and contexts that created and maintain sexual and reproductive health inequities have existed for decades.<sup>1</sup> Despite some progress, disparities remain in several key areas of sexual and reproductive health, including HIV and maternal mortality; for example, Blacks/African Americans and Hispanics/Latinx were still disproportionately affected by new HIV diagnoses in 2020, comprising almost 70% of reported new HIV diagnoses.<sup>2</sup> Maternal mortality, which is directly linked to having access to evidence-based options during a pregnancy, affects birthing people differently based on race/ethnicity, region of the country, and potential bias/racism of obstetrical caregivers. In 2020, the maternal mortality rate for non-Hispanic Black women remained 3 times the rate for non-Hispanic white women.<sup>3</sup> Many of these health gaps were exacerbated during the COVID pandemic and are being further compounded by new shifts in legal and policy landscapes that will directly harm historically underserved populations.<sup>4,5</sup> We are faced with a unique opportunity in the world of sexual and reproductive health to use our multiple platforms and resources to ensure that as the science has evolved, so do our advocacy voices. What are we prepared to do to ensure that we are continuing to move in the direction of more pleasure and more joy in the world of sexual health? In this talk, we'll examine not only the historical foundation and current context of reproductive and sexual health disparities in the United States, but we'll also consider which action steps are vital at this moment to move us toward more positive outcomes for sexual and reproductive health and overall more pleasure and joy.</p>		
LEARNING OBJECTIVES		
To describe the historical context of sexual and reproductive health disparities in the United States. To list 3 action steps to do right now towards more pleasure and more joy in sexual health.		