

SEXUAL SCIENCE

THE OFFICIAL NEWSLETTER OF SSSS

MARCH 15, 2007

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SPECIAL POINTS OF INTEREST:

- **SSTAR announces Professional Book Award - page 5**
- **FSSS announces 2007 Directors and Officers - page 4**
- **See you at the Anniversary Meeting, Indianapolis, IN, November 7–11, 2007!**

FROM THE PRESIDENT



HONORING OUR BUDDING & BLOSSOMING PROFESSIONALS

As discussed in my last column in *Sexual Sci-*

ence, SSSS will be celebrating our 50th Anniversary at our meeting in Indianapolis from Nov. 8th-11th, 2007. The theme for this meeting is: "Honoring Our Past and Envisioning Our Future." One way to "envision our future" is to highlight the work of emerging professionals in the fields of sex education, counseling, therapy, health-care, and research. To do this, SSSS and FSSS are launching an initiative to recognize our "**Budding & Blossoming Professionals.**" This is a corollary to the "Memory Tree" Project that has been active in FSSS for over a decade in which colleagues have been able to honor the personal and professional attributes of one another. While the leaders and mentors in the field are often honored, we feel that it is time that we turn the spotlight on our emerging professionals too.

Individuals, who meet the criteria of either a Budding or Blossoming Professional, will re-

ceive a certificate and will be honored at the 50th Anniversary Meeting. A booklet describing each person's contributions will be given to each attendee and his/her accomplishments will be featured on the SSSS web site as well.

To qualify as a **Budding Professional**, a person who is still a student in any discipline, must have demonstrated interest in and contribution to sexology in at least **one** of the following ways:

- authored/coauthored at least one publication dealing with some aspect of sexuality,
- presented/co-presented at least once at a professional meeting on a sexual topic,
- helped to develop, implement, or evaluate a sex education, counseling, therapy, or health-care program,
- worked on at least one professional committee dealing with sexuality.

To qualify as a **Blossoming Professional**, a person, who graduated less than ten years ago,

should have demonstrated interest in and contribution to sexology in at least **two** of the following ways:

- first author of at least two publications dealing with some aspect of sexuality,
- lead in presenting at least two different presentations on a sexual topic at professional meetings,
- lead in the development, implementation, or evaluation of a sex education, counseling, therapy, or health-care program,
- chaired/co-chaired a professional committee dealing with sexuality.

The Nominations Process is as follows:

Nominations can be made by anyone and self-nominations are accepted. Nominators and nominees do not have to be current members of SSSS.

Nominations are made by submitting a letter outlining the nominee's qualifications for the recognition (following the above criteria). Contact information for the nominee is required.

A contribution of \$25 is required for a nomination. People

FROM THE PRESIDENT, CONTD.

wishing to make multiple nominations can use the following scale: 2 for \$45; 3 for \$60; 4 for \$75, & 5 for \$90.

Nomination letters should be sent to SSSS, P.O. Box 416, Allentown, PA 18105 or can be sent via e-mail to thesociety@sexscience.org. Accompanying checks should be made out to FSSS. The contri-

bution can also be charged to a credit card (American Express, Master Card, Visa) by providing the person's name on the card, the card number, and the expiration date.

The deadline for nominations is **August 1, 2007**. We hope that everyone will help to support the future of our field by starting this tradition of honoring those courageous

and talented individuals who choose to deal with sexuality in their professional lives.

In other news, SSSS constitutional changes are afoot. Look for a ballot from SSSS in the mail. You should be receiving one soon to vote on amendments recommended by the Board of Directors to the SSSS Constitution. These changes are recommended

in order to allow regional presidents to more fully participate on the Board and allow uncontested candidates to run for the Board of Directors and other offices when there are no other people who volunteer to run. We also recommend that our constitutional change process catches up with the 21st century by allowing future ballots to occur electronically. Be sure to vote and return your ballot by **March 31, 2007**.

GRADUATE PROGRAM HIGHLIGHT

Tucked away in the lower level of Chrysler Hall at the University of Windsor, in Ontario Canada, is a research centre with a more central role in local graduate student life than its location might suggest. The Social Justice and Sexual Health Research Centre provides facilities to support research by both faculty and graduate students, from a variety of disciplines, who are interested in sexuality and sexual health, including a 10-station computer lab. This lab allows for survey design and computer assisted administration of surveys, analysis of both quantitative and textual data, and a qualitative research facility where individual or group interviews can be conducted. It has become a "second home" for many graduate students who enjoy office space, a quiet place to work, mentoring by faculty, and the opportunity to discuss their work with other graduate

students and faculty.

The research centre was established in 2002 by Dr. Eleanor Maticka-Tyndale as a means of providing facilities to support research and networking opportunities for graduate students with an interest in sexuality and sexual health. Since its establishment, graduate students have conducted their own research, or have been a part of interdisciplinary research projects through the centre that have been both local and global in scope. On a global level this includes the establishment of sexuality education programs in public and secondary schools in Kenya. On a more local scale, this has involved investigations into the sexual behaviour and relationship experiences of Canadian youth and the development and administration of a sexual health education program in local secondary schools. In collaboration with

other researchers across Canada, the centre has facilitated an examination of the health, safety and well-being of sex workers in three Canadian cities (Toronto, Montréal, and Windsor). Other research endeavours of the centre of which students have been a part include investigations of the sexuality and sexual health of Canadian women at midlife, an assessment of the sexuality education needs of Canadian Iranian immigrants, and the experiences of sexual arousal among local ethnic minority university students.

As part of the training and mentoring programme of the research centre, funding is provided by the federal government as part of Dr. Maticka-Tyndale's position as a Canada Research Chair in Social Justice and Sexual Health. The Canadian Foundation for Innovation and Ontario Innovation Trust programmes also provide funding. These

funds support graduate students with fellowships offered at the Masters and Doctoral, and the Post-doctoral level. Each research fellow is embedded within the network of researchers working in the centre and is an active participant in the centre's research programme, including having shared office space, receiving mentoring support in completing grant applications and collaborating on publications. Having been fortunate enough to have held a doctoral fellowship with the centre since 2002, I know first-hand how invaluable this centre is to graduate students' professional development. For more information about the Social Justice and Sexual Health research centre visit: <http://web2.uwindsor.ca/courses/sociology/maticka/crcsjsh/index2.html>

Lisa Smylie, PhD (ABD)

Dept. of Sociology & Anthropology

CALL FOR NOMINATIONS: THE IRA AND HARRIET REISS THEORY AWARD

The purpose of the Ira and Harriet Reiss Theory Award is to highlight and support theoretical advances in the field of sexual science. The award will be given annually to the author(s) of the best social science article, chapter, or book published in the previous year in which theoretical explanations of human sexual attitudes and behaviors are developed. In addition to careful theoretical development, stress will be placed on the use of relevant empirical evidence to examine the validity of the theoretical explanations.

This award is jointly sponsored by the Foundation for the Scientific Study of Sexuality and by the Society for the Scientific Study of Sexuality. The author (s) of the winning contribution will receive a plaque and a \$500 (US)

award and may present a plenary address based on the winning publication at the November annual meeting of the Society for the Scientific Study of Sexuality. The first award was presented to Jeanette Norris at the 2006 meeting in Las Vegas.

Nominations may be submitted to the Award Committee following instructions below.

Nominations must be received prior to May 1, 2007.

The award winner (s) will be notified by August 1, 2007

INSTRUCTIONS FOR SUBMITTING NOMINATIONS FOR

THE 2006 IRA AND HARRIET REISS THEORY AWARD

1. Send a copy of the article, chapter or book being nominated. Be sure the full publication information is included. **The publication must**

have appeared in 2006. The full nomination must be received before May 1st, 2007

2. Include a letter with a paragraph or two explaining why this publication should be considered for this award. Indicate specifically how this publication is relevant for the award addressing the following award criteria: a) That it be a social science publication b) That it build a theoretical explanation of human sexual attitudes and behavior c) That the explanation be examined in light of relevant empirical evidence.

Important:

We prefer electronic submissions of both the article or chapter and letter of nomination. Send electronic submissions to:

maticka@uwindsor.ca

If you are sending your sub-

mission in hard copy, mail **4 copies** of the book, article or chapter, plus 1 copy of your letter to:

Eleanor Maticka-Tyndale,
PhD

Chairperson, The Ira and Harriet Reiss Theory Award

The Society for the Scientific Study of Sexuality

P.O. Box 416

Allentown, PA 18105

In addition: If you are submitting a book, you must also send a check for \$25 to cover mailing to committee members. This should be made out to FSSS and included with the copies of the book and nomination letter.

For more information contact the committee chair:

Eleanor Maticka-Tyndale
(maticka@uwindsor.ca).

FROM THE EDITOR

The snow is finally melting in Guelph as we careen towards the end of another semester. Are you counting the days until May as I am?

I'm working hard at U of G to cultivate the part of the next generation of sexuality researchers, and hope to bring at least a few new faces to the

Anniversary meeting in November. I've told many students how welcoming the environment at SSSS is to newcomers. I think the award for "Budding and Blossoming Young Professionals" is a sign of the organization's commitment to recognizing and encouraging the development of young scholars.

Nominate someone you admire today!

I hope you enjoy another issue of Sexual Science...

Please pass on any feedback or suggestions you might have to me at the address below. And I welcome any contributions for the May issue. Please submit articles

to me, electronically, by April 30th.

Robin Milhausen, PhD

Assistant Professor,
Human Sexuality & Family Relations
Department of Family Relations and Applied Nutrition,
University of Guelph,
Guelph, Ontario, N1G 2W1
rmilhaus@uoguelph.ca

IN THE NEWS

Women Over 40 See Sex as Less Important to Health?

A Poll conducted by GfK Roper Public Affairs and Media indicates 24% of women believe sex is important for good health, while twice as many women under 40 said the same. More than 2000 women over the age of 20 were included in the poll. Results will be featured in Prevention magazine's April issue.

Anti-herpes Treatment Reduces HIV Levels in Women Infected with Both Viruses-Valacyclovir significantly re-

duced the frequency and quantity of HIV detectable in genital secretions and the quantity of HIV in the plasma. The effects appeared to increase over the three-month follow-up period. The trial was conducted by a collaborative group of scientists from the Centre Muraz, the University of Montpellier, and the London School of Hygiene and Tropical Medicine. (New England Journal of Medicine (2007) 356, 790-799)

New Measure of Arousal Found for Men and Women

According to a new study conducted by a research team at McGill University in Quebec, Canada, thermography shows great promise as a diagnostic method of measuring sexual arousal. Using this method, women's subjective experience of sexual arousal corresponded with their physiological genital response. There was also no significant difference between the times men and women needed to reach peak temperature. (The Journal of Sexual Medicine (2007) 4, 93-105)

Internet Site Verifying Members' STD Status Launched

New site, CheckTonight.com, provides a secure, online clearinghouse of sexual health information between individuals. Check Tonight members can be tested for STD infection by their family physician or in a private lab, and results are sent directly to CheckTonight's secure site where they can be accessed by the member or the member's partner with a secure password. Testing is required every 6 months for membership. (www.CheckTonight.com)

FSSS ANNOUNCES 2007 BOARD OF DIRECTORS

FSSS has announced its officers and directors for 2007. Term expiration is given in brackets after the individual's name.

Directors

Clive M. Davis, President (2007)

Mark Schoen, Vice President (2007)

Pat Aletky, Secretary (2008)

Rick Potter, Treasurer (2007)

Officers

Peter Anderson (2008)

Mark Bigler (2007)

Walter Bockting, SSSS Past Pres. (2007)

Gwen Brewer (2008)

Ginger Bush (AASECT Pres. Elect) (2008)

Olga Perez-Stable Cox (2008)

Sandra L. Davis (2008)

David Fleming (2008)

Robert Francoeur (2008)

Robert Friar (2007)

Suzane Frayser (SSSS Pres. Elect) (2007)

David Hall (2008)

Jo Marie Kessler (2008)

Linda Lotz (2008)

Sharon McNeely (2007)

Lou Paget (2008)

Andrea Parrot (2008)

Herb Samuels (2008)

William Stayton (2008)

Chris Trasher (2008)

Beverly Whipple (2008)

Michael Young (2008)

NEW REPORT ON ADOLESCENT SEXUAL HEALTH

The Child and Adolescent Health and Development of World Health Organization (WGO-CAH) commissioned the Australian Research Centre in Sex, Health and Society (ARCSHS) La Trobe University Australia to review social and contextual factors affecting young people's sexual health.

The report, "Looking for More: a review of social and contextual factors affecting young people's sexual health" is available in PDF format on the ARCSHS website and can be accessed as follows: http://www.latrobe.edu.au/arcshs/looking_more.html

The report is presented in two parts. Part One is a

review of social and contextual factors which affect adolescent sexuality, sexual risk taking, sexual vulnerability and related behaviors.

Part Two addresses three questions:

- 1) What interventions or programs have been directed at these social and contextual factors?
- 2) What impact can be attributed to these interventions or programs?
- 3) What key principles or common themes emerge from these interventions or programs?

The review made fifteen (15) recommendations for the consideration of WHO-CAH.

FSSS INCREASES GRANT FUNDING

Clive M. Davis, Ph.D., President of The Foundation for the Scientific Study of Sexuality has announced that FSSS will increase its “grants-in-aid” funding to approximately \$15,000 in 2007. The grants-in-aid program provides up to \$1,000 (per grant) to support scientific sexuality research in areas not likely to receive support from other sources. The money may be used for either a small project that can be completed with the help of

the grant or as part of a larger study that might ultimately be funded from other sources. Funds may be used for any purpose relevant to the conducting of the research. Funds will not be provided for travel to conventions, stipends for principal investigators, manuscript preparation, student class projects, or student research related to the thesis or dissertation. Grants do not cover indirect costs.

In addition to the general grants program, research proposals in three specific areas will be funded from additional resources. Small grants of up to \$1,000 for research in the broad area of HIV/AIDS will be funded by the FSSS HIV/AIDS endowment fund, and grants up to \$2,500 to assess the impact of the use of sexually explicit materials in educational or therapeutic settings will be funded by a grant from the Sinclair Intimacy Institute.

Empirical research explicitly intended to evaluate propositions designed to explain variations in sexual behavior will also be funded up to \$1,000 by the FSSS Sexual Science Research Fund.

For additional information about these funding opportunities, contact Dr. Peter B. Anderson at 219 S Crimson Clover Circle, Spring, TX 77381 or by e-mail at pbahp@hotmail.com.

SSTAR ANNOUNCES 2008 HEALTH PROFESSIONAL BOOK AWARD

Nominations are invited for the 2008 Society for Sex Therapy and Research (SSTAR) Health Professional Book Award.

The goal of the award is to recognize the best recent book for health professionals that contributes to the understanding and resolution of sexual disorders.

The Society for Sex Therapy and Research (SSTAR) has established two book awards to be given to the author(s) or editor(s) of the best works published in English related to the understanding and treatment of sexual disorders: one addressed to the public, and the other to health professionals.

Nominations for the SSTAR Book Award (Health Professional) must come from a health professional or group of health professionals (e.g., an organization). In both instances, a publisher may also nominate a book. Nominations should be made in writing to the President who will then transmit the information to the appropriate committee (see below).

The award winners (including multiple authors or each of the editors of an edited book where there is more than one editor) will each be given a plaque and their names will be listed on the SSTAR Web site and in the Directory of Members. There will be no monetary award.

Eligibility criteria

1. Content of the book must be related to problems of human sexuality (i.e., sexual dysfunctions, problematic sexual behavior, gender identity issues, or other sexual health problems).
2. The book must be in English and must have been published in the years 2005, 2006, or 2007. It may have multiple authors or be an edited work. Previously submitted books are eligible.
3. Authors or publishers will be required to send five copies of the book to SSTAR for review by the Selection Committee.

The award will be announced in December of 2007 and will be presented at the 2008 Annual Meeting, March 13 -17, 2008 in Chicago, Illinois.

For questions, contact Peggy J. Kleinplatz, PhD, Chair of the Selection Committee (613) 563-0846.



AN INTERVIEW WITH PEPPER SCHWARTZ, PHD, SSSS FELLOW



Pepper Schwartz, PhD
SSSS Fellow

It's easy to look at Dr. Pepper Schwartz's homepage and discover a little about her background: She is a Professor of Sociology at the University of Washington in Seattle. She holds a B.A. and an M.A. from Washington University in St. Louis, where she was a Woodrow Wilson Fellow, and an M.A. and Ph.D. in Sociology from Yale University. Further reading will describe her list of published books; published articles in journals, magazines, and newspapers; and her various television appearances and interviews. But I wanted to know more: Pepper's vast array of experiences intrigued me, and I went straight to the source for more information. Between flights, bellhop discussions, and hotel room deliveries, Dr. Schwartz and I got to discuss a little bit about her day, her life, her work, and her loves....

SC: What attracted you to the field of sexuality?

PS: I was in graduate school in 1969; it was a time of the women's revolution and the sexual revolution; women had begun to re-evaluate their world, their sexuality, and gender differences... it was just in the air all around me. I was at Yale University, which until around 1970, had only male undergraduate students. It made for some odd mating and dating situations. That setting had gotten me started thinking about dating more, while, simultaneously, Dr. Philip Sarrell and his wife Lorna J. Sarrell started teaching the first human sexuality classes on campus. I took a job as a TA with the Sarrells and they asked their TAs to put together books for the campus entitled: "How to Have Sex on Campus without Getting Screwed." The pamphlet had information about condoms, sexual health, and how to protect one's self. I felt myself being pulled into sexuality as a profession.

SC: You have been hugely successful in bringing your scholarly research to the public's consciousness. What advice would you give to young researchers in the field of sexuality who want to be able to effectively present information to the public?

PS: Get trained. I know a lot of people who want to be

involved in sexuality: The important thing is to have a good academic underpinning: to have enough education to be able to interpret data and know what other people are doing in their research.

SC: One of the ways you have worked on making sexual knowledge accessible is through your books; how did you transition into writing books?

PS: My first book I wrote while in graduate school about the first year of women at Yale. I was there during this naturally occurring experiment. A colleague and I thought we would take advantage of the naturalistic experiment and study the gender roles we observed. Once we had the idea, we outlined a proposal and submitted it to publishers. They were interested, we got a contract, and we just did it!

SC: You do so much interaction with the public and media. How did you get involved with different levels of media outreach?

PS: As a junior professor, media was always looking for experts on a specific topic. I did well on television, so they asked me on again. Concerning popular magazines, that began when I met a woman who was an editor. She realized that I had knowledge on a topic that hadn't been written about. I didn't know how

to write for a magazine, but she helped me. Every different type of writing has its own format that you need to learn, and I was lucky to have someone to guide me through that process. I've since written many books, scholarly articles, and magazine articles and columns. It is a huge privilege for me to study sexuality and be able to write and share knowledge in so many formats.

SC: What fulfillment have you received as a result of this outreach?

PS: A lot of recognition, and also a lot of people thanking me for the kind of information they receive from me. I have a lot of contact with people: I wrote the "Sex and Health" column for *Glamour* for nine years, and I continually have over 700 people in my sociology lecture class. The recognition and thanks makes me feel like my work means something.

SC: Do you think that this is a different feeling of accomplishment than you get from focusing mainly on research and scholarly publications?

PS: Yes. The focus on scholarly publications is very important to building knowledge, and it is very fulfilling to be able to contribute new information to the field, but it is a relatively small audience.

SC: What changes have you seen in how the public accepts your work and advice over the past 20 years?

PS: I have noticed a lot more

AN INTERVIEW WITH PEPPER SCHWARTZ, PHD, SSSS FELLOW CONTD.

acceptance of gay people in society and in the media; mainly, homosexuals are beginning to be seen as people. I have also noticed that women are more comfortable with their sexuality in general, and people in relationships are beginning to talk about their sexuality more. And that is good!

SC: What changes do you hope to see in the next 20 years?

PS: Oh! More quality sexuality education! Get rid of abstinence education—it is a good *part* of sexuality education, but I would like to see that be incorporated into a comprehensive sexuality education lesson plan. I would also like to see more acceptance of and more

people using condoms; I would like to see condom ads on network television. The fact that we can't get condom ads on television is part of our schizophrenic society. These would both lead to my wish to see a reduction in the number of unintended pregnancies. And, last but not least, I would like to see more people feel better about experiencing pleasure and being able to fully enjoy it!

SC: Since you do so much with women's rights and women's issues, do you mind me asking you about your thoughts on Hillary Clinton's recent announcement?

PS: I think it's great... whether or not she is best for job will be decided by individuals once we all hear what each of

the candidates have to say. I knew Hillary in graduate school; she is very bright. I had a great deal of respect for her then, and I still do. I am very happy that there is a serious woman candidate who deserves substantial consideration.

SC: And finally, just because I hope you do, do you ever get recognized in public as "the sex lady?"

PS: (laughing) Yeah I do. It's fun to be moderately famous. There is a huge difference between myself and Brad Pitt... but I'd rather be me.

In conclusion, I encourage you all to look at Dr. Schwartz's most recent literary arrivals! *Finding the Perfect Match* was released in 2006, and *Prime* is due on bookshelves in June

of this year. Pepper shared that this newest book is the first she has written that is part memoir: It is about dating later on in one's life. I hope you share her excitement (and mine) and make it your ocean-side reading this summer!

About the author: Spring Che-

noa Cooper graduated with her Ph.D. in Biobehavioral Health in December 2006. She completed her dissertation with guidance from Dr. Patricia Koch, and its focus was on women's learning, attitudes, and communication about menstruation. She is currently teaching the undergraduate sexuality class at Penn State and continuing to write and research while she searches for her next position!

THE 2006 ANNUAL REVIEW OF SEX RESEARCH

As of this writing (January 8th), all proofs for the 2006 volume of the *Annual Review of Sex Research* have been reviewed, corrected, and returned to the printer. We anticipate binding and distribution of the volume to SSSS members within the next several weeks.

To give members a preview of Volume XVII, I've included excerpts from the Editor's Introduction.

"...Finding a balance that gives fair treatment to the many domains of sexuality and sex research, that en-

compasses the range of social, cultural, psychological, and biomedical perspectives, that includes a variety of geodemographically diverse authors, and that taps writers who can commit to providing high quality reviews, all makes for a wonderful, stimulating, and, sometimes, frustrating, challenge.

"...I am pleased with the contributions to this year's Review. Several papers deal with basic research topics and developments in their fields, such as those on Sat-

isfaction in Marriage and Committed Heterosexual Relationships by McCabe; *Psychological Outcome in Children with Disorders of Sex Development* by Berenbaum; and *Women's Sexual Strategies: The Evolution of Long-Term Bonds and Extra-Pair Sex* by Pillsworth and Haselton. Two provide updates in fields that have recently been undergoing rapid or new development: Gorzalka and Hill's *Cannabinoids, Reproduction, and Sexual Behavior*; and Burnett's *Erectile Dysfunction:*

Science and Medicine. Two papers review and address problems and issues encountered in the treatment of sexual problems: Althof's *Sex Therapy in the Age of Pharmacotherapy* and Marshall et al.'s *Strategies in the Treatment of Paraphilias*. Informed by recent theorizing and developments in the study of emotion, Everaerd et al.'s article on *The Experience of Sexual Emotions* brings a new synthesis and direction to the study of sexual response. And, finally, for a re-creative break, enjoy the

THE 2006 ANNUAL REVIEW OF SEX RESEARCH (CONTD.)

review contributed by my colleague Paul, *Body of Work: Sexuality in Recent American Drama*.

"I urge you to...scrutinize articles relevant to your own interests; find theoretical and research connections with those that represent cognates to your field of ex-

pertise; educate yourself about topics peripheral to your specialties. And, equally important, help us promote this set of authoritative reviews by regularly citing these papers in your publications and presentations and by letting others know 'that you read it in the Annual Review.'"

Looking to the future, topics and authors for the 2007 volume are already lined up—but you'll have to wait for the next issue of Sexual Science to view the list. In the meantime, I welcome topic ideas and nominations of authors (including self-nominations) from SSSS members for the 2008 issue. On a related

note, look for an open forum about the *Annual Review of Sex Research* at the SSSS November meeting in Indianapolis conducted by Clive Davis and myself.

David Rowland

Editor, Annual Review of Sex Research

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I am pleased to make a tax deductible contribution to the
SSSS 50th Anniversary Campaign.

I will fulfill my pledge of \$ _____ as indicated below.

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Credit Card Information: Card (only Visa, Master Card, and American Express can be accepted—it will be billed through SSSS)

Card (Please circle one) American Express, Master Card, Visa Card # _____

Name on card _____ Expiration Date _____

Please mail this form to Clive M. Davis, President, FSSS, 317 Scott Ave., Syracuse, NY, 13224-1725.